

dedicated to enriching the lives of children



LIFELINE NEWSLETTER

May, 2018

UPCOMING MEETINGS

Tues, May 22	Smoky Hill Library
June	No Meeting
July	No Meeting
August	Koelbel Library
September	Smoky Hill Library
Sat, Sept 8	Mandatory Training Day

+Please note days and dates. Meetings no longer fall always on a Tuesday.

ALL MEETINGS ARE FROM
7:00–8:30
And give 1.5 credit hours

Children under age 18 will NOT be admitted to meetings.

We tend to the needs of children all day long. This time is just for you. Thank you for understanding.

Always check the website or call Patty (303-745-6558) for weather related cancellations!

Monthly Workshops

County Workshop

Koelbel Library
5955 S. Holly Street
Centennial, 80121



No Meeting in June



Date: August TBA
“Strengthening Your Report of Inspection Response”



Saturday, September 8th

Shaken Baby (required)

Mandatory Reporter (required)

Safe Sleep (required)

Time/Location/Other details coming in the Summer Newsletter



Aurora Area Workshop

Smoky Hill Library
5430 S. Biscay Circle
Centennial, 80015



Tuesday, May 22
Provider Appreciation Dinner



No Meeting in July



Date: September TBA
Annual Immunization Training

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We're on the web!

www.acfcca.org

Find meeting information and newsletters there each month.

ACFCCA Board Meetings are held on the 1st Tuesday of each month. If you are interested in attending, please contact Lori at 303-794-7278

Other Workshops/Training Information

Other Area Association Workshops

Denver County:
Betty@ 303-758-1289

Jefferson County:
Marilyn@ 303-979-5952

Adams County:
Vickie@ 303-284-6038

Douglas County:
douglascountychildcare.com

CAFCC:
Tricia@ 303-914-8687
www.coloradochildcare.com

CPR/First Aid/Standard Precautions Class Instructors

A Caregiver Network
720-767-1862

Buster Posey
303-870-8376

Advanced Care
303-384-3696

Tammy Aaron
720-851-8983

Andrew—Front Range CPR
720-556-6742

Dave Moshner—CPR Colo.
303-818-3737

Medication Administration Class Instructors

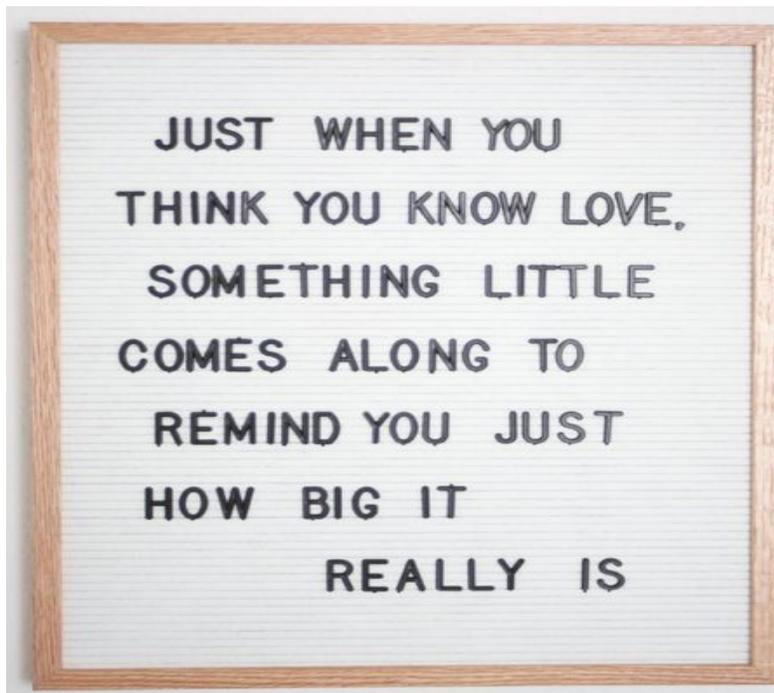
A Caregiver Network
720-767-1862

Debbie Bradley
303-359-9553

Susan Bobka
303-693-2762

Tammy Vigil
303-880-6488

Bryan Maki
720-708-9705
*CPR/1st Aid also





WHAT'S HAPPENING:



Hello friends!

Welcome to May and the month of Provider Appreciation. You are appreciated all year through by your ACFCCA board, but the official date is the Friday before Mother's Day. It would be grand if it were a day that would be recognized and celebrated without tooting our own horns, so to speak. In years past there have been campaigns to try to get this recognition but it seems to always fizzle out unless the providers themselves get deeply involved and get the word out. So, in case no one says or does anything nice for you on May 11th, let me say Happy Provider Appreciation Day from us! Make sure to do something nice for yourself to celebrate. You deserve it.

Speaking of provider appreciation, our celebratory provider appreciation dinner is coming up quickly on May 22nd at Smoky Hill Library. Seats are still available so please let me know if you'd like to attend. We need you to RSVP by May 18th so we know how much food and supplies we need to buy for the evening.

We're hoping to get the Aurora Central Library room again on September 8th for our annual mandatory training workshops. I'll keep you posted as to the date for sure as soon as I know.

We won't be having any meetings during June or July so enjoy your summer months. May your days be filled with sunshine and good times.

Peace and joy,
Patty



When Life Hands You Lemons

You're invited to our Provider Appreciation Dinner
On Tuesday, May 22 at 7:00 pm
At the Smoky Hill Library



PLEASE JOIN US
Let's have fun with lemons!



Lemon Sensory Play
Lemon Food/Drink
Lemon Science
Lemon Books
Lemon Crafts
Lemons
Lemons
Lemons

The celebration is planned. Now we just need you!
Come and let the ACFCCA Board show their appreciation to you
For providing care and love to so many little ones.

DINNER, DOOR PRIZES, AND FUN WITH LEMONS

There's only room for the 1st 60 so please RSVP
BY FRIDAY, MAY 18
to
pattyk1977@yahoo.com or 303-745-6558



”So what do you do with infants and toddlers outdoors?”

Continued from last month’s news

“The Importance of Taking Infants and Toddlers Outdoors” By Brenda Cobb

For children 0-3 months:

Provide a blanket for the baby to lay on. Point out the leaves moving, let them feel the leaves or grass, and point out the nature sounds that they hear.

For children 3-6 months:

With the blanket, let the child explore on his/her stomach. Bring out objects to grasp, books, or activity gyms. Again, point out the things happening in nature and let them feel natural objects.

For children 6-9 months:

Create a texture path on the ground using assorted textures, such as carpet squares, rugs, grass, and resilient surfacing. The children can crawl along this path to explore large motor skills and sensory stimulation. Provide tunnels, balls, and safe sensory tubes.

For children 9-12 months:

Provide balls, bubbles, and toys that are sturdy enough for them to practice standing. For early walkers, provide simple push toys. Attach musical toys, activity centers, and mirrors to the fence at different levels for children who are still crawling and for children who are standing.

For Toddlers:

Continue to add more materials that reflect the variety of developmental skills. Bring out riding toys and trikes, wagons to pull, baby carriages with dolls, large trucks to push, etc. Bring some music outdoors so that children can practice dancing, jumping, and twirling outdoors. Set up simple games for toddlers. Set up obstacle courses where toddlers can climb over and under material and walk a curved path. And finally, provide a garden outdoors to that children can learn about soil, plants, and insects.



What about the weather and the parents?

Many rating scales require that infants and toddlers spend an hour a day outdoors, weather permitting. "Weather permitting" can be subject to interpretation of course. Thelma Harms, who is one of the authors of the Environment Rating Scales, often speaks of an old Swedish saying that says "there is no bad weather, only bad clothes." If you travel to different sites across Colorado you will see this reflected on the Western slope where infants and toddlers are dressed in snow suits, gloves, hats, and boots to go outside in the winter. If the mountain communities waited until the weather was "appropriate," they would only get to be outside from June-October. The children are warm, happy, and excited to be outdoors. The only complaints are from teachers who are often not dressed appropriately.

Work with your parents on providing appropriate clothing for all kinds of weather and a change of clothes for when children get dirty. Also set up a clothing donation box so that parents can drop off winter clothing that no longer fits their child. You can then use that clothing for children who do not have extra warm winter clothes. Even if infants and toddlers are only out for 5-10 minutes because the weather is bad, it will help prevent illness and it will give them some of those sensory experiences that are so critical for their development.

Remember that the experiences that infants and toddlers have outdoors while they are in child care, may in fact, be the only opportunity they have to really explore the outdoors. By taking infants and toddlers outdoors, you are providing wonderful opportunity and you are setting up a good model for parents to follow. If children learn to love being outdoors when they are young, it will make them healthier. It will also help ensure that they will take better care of our world when they are adults.



ACFCCA Telephone Directory

ACFCCA Main Line Number: 303-246-5146

EXECUTIVE BOARD VOLUNTEERS:

President:
Patty 303-745-6558

Secretary:
Carol 303-363-6634

Treasurer:
Lori 303-794-7278

Newsletter:
Sheri 303-507-4909

Education Coordinator:
Barb 303-340-8125

REFERRALS:

Zip Codes 80010, 80011,
80012, 80013, 80014, 80015,
80016, 80017, 80018
Patty 303-745-6558

Zip Codes 80110, 80113,
80120, 80123, 80125
Rose 303-730-2753

Zip Codes 80111, 80112, 80121
Diana 303-793-0825

Zip Codes 80122
Mary 303-221-0007

RESOURCE AND RE- FERRAL:

Childcare Innovations:
(provider updating)
303-969-9666

HUMAN SERVICES

Main Line 303-866-5958
www.coloradoofficeofearlychildho
od.com

ARAPAHOE COUNTY EARLY CHILDHOOD COUNCIL

6436 S. Racine Circle, Ste 100
Centennial, CO 80111
720-974-9630

LICENSING:

Institute for Racial Equity and
Excellence (IREE)
2821 S. Parker Rd.
Aurora, CO 80014
303-403-2677

OTHER COUNTY REFERRALS:

A Caregiver Network: 720-767-1862
Adams: 303-451-1061
Denver: 303-756-8901 (Mary Jo)
Jefferson: 303-969-8772
Douglas: douglascountychildcare.com



LICENSING SPECIALISTS:

Brenda Beadling (Supervisor) 80111	Brenda@IREEinc.com	720-210-4751
Cammile Espinosa 80120, 80121, 80122, 80123, 80222	Camille@IREEinc.com	720-210-8324
Daralyne Davis-Moody 80015	Daralyne@IREEinc.com	720-419-7381
Kimberly Homuth 80013, 80017	Kimberly@IREEinc.com	720-209-2397
Nicole Hubbell 80012, 80016, 80113	Nicole@IREEinc.com	720-212-6694
Ralph Williamson 80010, 80014, 80018, 80019, 80102, 80103, 80105, 80230, 80231, 80236, 80246, 80247	Ralph@IREEinc.com	720-419-7388
Sarah Alshaeli 80011, 80110, 80112	Sarah@IREEinc.com	720-209-8766

+++ If you need any telephone numbers that are not listed on this page,
please call Patty at 303-745-6558 for more information. Thank you +++

Arapahoe County Family Child Care Association
P.O. Box 473172
Aurora, CO 80047
303-246-5146

president@accfcca.org

www.acfcca.org

**Dedicated to Enriching
The Lives of Children**

ACFCCA Mission Statement

Our mission statement is to support childcare providers and the communities they serve by providing educational opportunities, outreach programs, and legislative support. In order to ensure that the association and its mission remain vital, financial stability, growth and continuous organizational improvements will be specifically targeted as part of what we do.

The Lifeline newsletter is a publication of the Arapahoe County Family Child Care Association. ACFCCA assumes no responsibility for, nor endorses the articles, opinions, or advertising listed herein. Deadline to submit ads or articles is the 15th of each month. Mail information to the above address for inclusion. The editor reserves the right to refuse any submission. Submission does not guarantee inclusion.

***ACFCCA members
are quality child-
care providers with
their community's
childcare needs at
heart***