

dedicated to enriching the lives of children



Arapahoe County Family Child Care Association

LIFELINE NEWSLETTER

May 2017

UPCOMING MEETINGS

- Tue May 9 Food Sensitivities
- Tue May 16 Provider Appreciation Dinner
- June no meetings
- July no meetings

+Please note days and dates. Meetings no longer fall always on a 1st or 3rd Tuesday.

ALL MEETINGS ARE FROM 7:00–8:30
And give 1.5 credit hours

Children under age 18 will NOT be admitted to meetings.

We tend to the needs of children all day long. This time is just for you. Thank you for understanding.

Always check the website or call Patty (303-745-6558) for weather related cancellations!

Monthly Workshops

County Workshop

Koelbel Library
5955 S. Holly Street
Centennial, 80121

Tuesday, May 9
Food Sensitivities
Doug McCaw

Aurora Area Workshop

Smoky Hill Library
5430 S. Biscay Circle
Centennial, 80015

Tuesday, May 16
Provider Appreciation Dinner



We're on the web!

www.acfcca.org

Find meeting information and newsletters there each month.

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ACFCCA Board Meetings are held on the 1st Tuesday of each month. If you are interested in attending, please contact Lori at 303-794-7278

Other Workshops/Training Information

Other Area Association Workshops

Denver County:
Betty@ 303-758-1289

Jefferson County:
Marilyn@ 303-979-5952

Adams County:
Vickie@ 303-284-6038

Douglas County:
douglascountychildcare.com

CAFCC:
Tricia@ 303-914-8687
www.coloradochildcare.com

CPR/First Aid/Standard Precautions Class Instructors

A Caregiver Network
720-767-1862

Buster Posey
303-870-8376

Advanced Care
303-384-3696

Tammy Aaron
720-851-8983

Andrew—Front Range CPR
720-556-6742

Dave Moshner—CPR Colo.
303-818-3737

Medication Administration Class Instructors

A Caregiver Network
720-767-1862

Debbie Bradley
303-359-9553

Susan Bobka
303-693-2762

Tammy Vigil
303-880-6488

Bryan Maki
720-708-9705
*CPR/1st Aid also

INSTITUTE FOR RACIAL EQUITY & EXCELLENCE 2821 S. PARKER Rd, AURORA, CO

FORUMS FOR ARAPAHOE COUNTY will be the 3rd Wednesday of EVERY MONTH from 6:30-8:30 in the CONFERENCE ROOM (BASEMENT FLOOR) of the IREE building. This is a GREAT opportunity for INFORMATION, TEAM building AND NETWORKING with our LICENSING staff.

THIS MONTH'S MEETING is Wednesday, May 17. THE TOPIC is "Playground Safety". JUNE 21'S TOPIC will be "BACK TO BASICS: LICENSING 101"

PLEASE PARK IN THE REAR of the building AND ENTER THROUGH THE SOUTH-WEST SET of doors, which puts you right INTO THE BASEMENT AREA.

Hope you CAN MAKE it.



Hello everyone,

It's finally May again, hooray! Is anybody else anxious for summer to be here?

May 12th is provider appreciation day. I know I mention it every year at this time

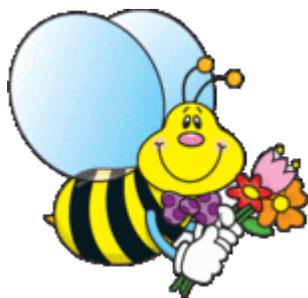
and I'm always hopeful that your clients will know about it and recognize you for the blessing you are

to them. If not, please know that we know it and we appreciate all you do to spend your days caring for them and doing all that you do. We care so much that we're hosting another provider appreciation dinner for you on Tuesday May 16th at the Smoky Hill Library. We've got what we think is going to be a fun evening planned for all. Please check the page that Sheri has prepared for it here in the newsletter and get back to me if you'd like to have your name added to the list. Please RSVP by May 12th to me at pattyk1977@yahoo.com or 303-745-6558.

We can only accept the first 50 people who respond. Please plan to join us.

I know that there's a lot of stuff going on with the mandatory classes, licensing visits with new requirements to be included in our paperwork, and the bill that passed allowing unlicensed care of 4 children. But, we're looking forward to seeing many of you there!

Thank you for being you...you are bee-U-tiful...just continue to be true and be you!



Have a joyful day,

Patty



PROVIDER APPRECIATION DINNER

bee - U - tiful

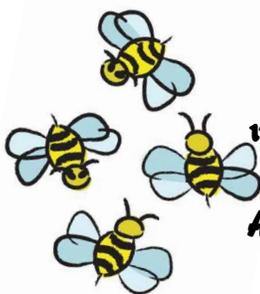
Tuesday, May 16

7:00 - 9:00

Smokey Hill Library



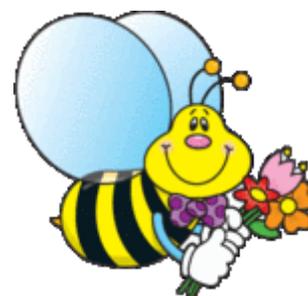
**An evening to show our appreciation
for all you do in this business;
To acknowledge you for the care you give
to so many precious little ones.**



**A time for you to sit back,
relax, enjoy, de-stress, and laugh;**

AND REMEMBER YOU ARE BEE-U-TIFUL

There is only room for the first 50 who respond
Please get your RSVP in right away
(or by May 12th)
to pattyk1977@yahoo.com
or 303-745-6558.



GET KIDS TO LISTEN AND STOP RUNNING AWAY WITH 1 SIMPLE GAME

FEBRUARY 10, 2016 BY KATIE JOINER

When you're responsible for a group of kids, it's important that they listen to you the first time (that's important as parents, too - right?!). Not the second, the third, the fifth {{shudder}}. And, believe it or not, there is a simple way to get kids to stop running away from you by **playing a simple game...**

“Do you know with 100% certainty that if you yelled, ‘STOP,’ each and every child would stop?”

I remember thinking, *how could you be sure that all of them would stop?!*

I mean, kids love to run and it might be hard to hear, right? (Now, as a parent, I know how much my toddler loves to run too...)

So, was there really a way to be sure?

Yep, maybe not 100% guarantee, but this game will definitely increase your odds.

But, just like **any important life skill, it takes practice.**

We were talking about older kids as well as preschoolers. In my experience, this tactic works best with toddlers through older elementary school.

SO, HERE'S THE SIMPLE GAME TO GET KIDS TO STOP RUNNING:

Practice playing the “stop game.”

Tell kids that you're going to try a super tricky game. It's to **practice listening for a word that's SO important** you're not sure that you should even say the word out loud... (use your best top secret tone)

Then tell them that the word is STOP. (I use the sign for stop with my toddler, too.)

Ask if they think they can stop when you say that word.

For older kids, tell them it's super tricky and you're not sure if they can do it...then ask, “do you think you can stop when I say so??” (again, I've asked my toddler this question and he nodded yes, so it works for lots of ages).

Then, practice.

HERE'S HOW TO PLAY:

1. Say GO or GREEN LIGHT.
2. Let them walk ahead or run (for kids who don't stop when they're running). Then, yell STOP!!
3. If they do stop (and, they will...) act shocked - “how did you do that?! Can you do it again?!”
4. Then, say GO or GREEN LIGHT again. (I normally do this three or four times)

MAKE THE GAME MORE FUN:

Get [Standing stop signs](#) for your kids to use while they're riding their bikes. This is a great way to practice stopping while having some fun! Or, [grab handheld signs](#) for you to hold (or for your kids to hold).

[Get smaller stop signs](#) and other street signs for kids to play with their cars. They can build a whole city and figure out why it's so important for cars to stop while they're driving too. This [road tape](#) is awesome because kids can make roads and cities wherever they go!

Some kids benefit from reading [books about street signs](#) too (or, go around the neighborhood and take pictures of your own signs!).

Afterwards, I always follow up by saying something like, “Remember STOP is a super important word. I only use it when I really, really need you to stop.”

If they're older, ask them what are some things they may happen when I really need you to stop and let them answer. (emergency, cars, roads, hiking, Disneyland (ha) etc..).

JOKES ABOUT OUR BEE FRIENDS

Q: What do you call a bee born in May?

A: A maybe!

Q: Do bees make honey in May?

A: Maybe!

Q: Why did the bee cross the road?

A: Just bee-cause!

Q: What kinds of bees drop things?

A: Fumble bees!

Q: What kinds of bees can't be understood?

A: Mumble bees!

Q: Where do the bees like to go on holiday?

A: To the bee-ch!

Q: What do bees wear to the beach?

A: Bee-kinis!

Q: What does a bee sit on?

A: Its bee-hind!

Q: Where do bees cook their dinner?

A: On the bar-bee-que!

Q: Where do bees wait for buses?

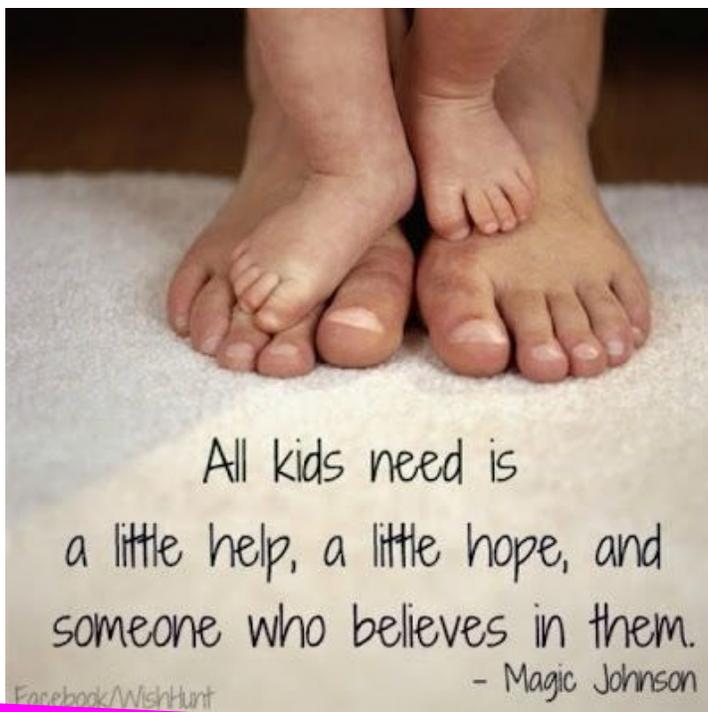
A: At buzz stops!

Q: What kinds of bees live in graveyards?

A: Zom-bees!



*remember you are
bee-u-tiful*



All kids need is
a little help, a little hope, and
someone who believes in them.

- Magic Johnson

ACFCCA Telephone Directory

ACFCCA Main Line Number: 303-246-5146

EXECUTIVE BOARD VOLUNTEERS:

President:
Patty 303-745-6558

Secretary:
Carol 303-363-6634

Treasurer:
Lori 303-794-7278

Newsletter:
Sheri 303-507-4909

Education Coordinator:
Barb 303-340-8125

REFERRALS:

Zip Codes 80010, 80011,
80012, 80013, 80014, 80015,
80016, 80017, 80018
Patty 303-745-6558

Zip Codes 80110, 80113,
80120, 80123, 80125
Rose 303-730-2753

Zip Codes 80111, 80112, 80121
Diana 303-793-0825

Zip Codes 80122
Mary 303-221-0007

RESOURCE AND RE- FERRAL:

Childcare Innovations:
(provider updating)
303-969-9666

HUMAN SERVICES

Main Line 303-866-5958
www.coloradoofficeofearlychildho
od.com

ARAPAHOE COUNTY EARLY CHILDHOOD COUNCIL

6436 S. Racine Circle, Ste 100
Centennial, CO 80111
720-974-9630

LICENSING:

Institute for Racial Equity and
Excellence (IREE)
2821 S. Parker Rd.
Aurora, CO 80014
303-403-2677

OTHER COUNTY REFERRALS:

A Caregiver Network: 720-767-1862
Adams: 303-451-1061
Denver: 303-756-8901 (Mary Jo)
Jefferson: 303-969-8772
Douglas: douglascountychildcare.com



LICENSING SPECIALISTS:

Brenda Beadling	Licensing Supervisor	Brenda@IREEinc.com	720-210-4751
80010, 80111			
Kimberly Homuth	Licensing Specialist	Kimberly@IREEinc.com	720-209-2397
80013, 80018, 80019, 80102, 80103, 80105, 80236			
Nicole Hubbell	Licensing Specialist	Nicole@IREEinc.com	720-212-6694
80015, 80016,			
Cammile Espinosa	Licensing Specialist	Camille@IREEinc.com	720-210-8324
80113, 80120, 80121, 80122, 80123, 80222			
Eboni Justice	Licensing Specialist	Eboni@IREEinc.com	720-207-7525
Marlena Grant	Licensing Specialist		720-209-2361
80012, 80014, 80017			
Sarah Alshaeli	Licensing Specialist	Sarah@IREEinc.com	720-209-8766
80011, 80110, 80112, 80230, 80231, 80247			

+++ If you need any telephone numbers that are not listed on this page,
please call Patty at 303-745-6558 for more information. Thank you +++

Arapahoe County Family Child Care Association
P.O. Box 473172
Aurora, CO 80047
303-246-5146

president@accfcca.org

www.acfcca.org

**Dedicated to Enriching
The Lives of Children**

ACFCCA Mission Statement

Our mission statement is to support childcare providers and the communities they serve by providing educational opportunities, outreach programs, and legislative support. In order to ensure that the association and its mission remain vital, financial stability, growth and continuous organizational improvements will be specifically targeted as part of what we do.

The Lifeline newsletter is a publication of the Arapahoe County Family Child Care Association. ACFCCA assumes no responsibility for, nor endorses the articles, opinions, or advertising listed herein. Deadline to submit ads or articles is the 15th of each month. Mail information to the above address for inclusion. The editor reserves the right to refuse any submission. Submission does not guarantee inclusion.

***ACFCCA members
are quality child-
care providers with
their community's
childcare needs at
heart***